

Variable	Mean	Standard Deviation	Minimum	Maximum
Age	34.5	12.5	20	65
Gender	0.5	0.5	0	1
Marital Status	0.7	0.5	0	1
Education	12.5	2.5	9	16
Income	35000	15000	10000	70000
Health	0.8	0.4	0	1
Smoking	0.3	0.5	0	1
Alcohol	0.2	0.4	0	1
Exercise	0.4	0.5	0	1
Stress	0.6	0.5	0	1
Depression	0.1	0.3	0	1
Loneliness	0.3	0.5	0	1
Life Satisfaction	0.7	0.4	0	1
Quality of Life	0.8	0.3	0	1
Overall Health	0.9	0.2	0	1

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